Spring/Summer 2021

Lifesteps®

Helping Along Life's Journey

www.lifesteps.net

Individuals from the Indiana County Community OutReach Program made new animal friends at a community outing trip to Jewart's Farm.

Life's Changing Needs

Adapting During Unprecedented Times

Over the course of this unprecedented year, Lifesteps has continued to help individuals and families with life's changing needs. The Agency has adapted to challenges while continuing to provide high-quality services for those in need. Lifesteps staff continue to show determination in support of those served while staying positive during the pandemic.

Staff have continually "stepped up" and worked diligently to keep program participants and each other healthy, safe and supported. Communication has been key to keeping Agency staff educated on current protocols in accordance with health regulations and updated as changes occur. As essential workers, those at Lifesteps are committed to stop the spread of COVID-19 while holding true to the Agency's vision to improve the quality of life for members of our community.

Program participants have proven their ability to acclimate to changes…

COVID-19 has presented numerous unexpected obstacles that have changed the way the Agency serves. At the start of the pandemic, staff members collaborated on how to implement new methods of programming and ways to closely monitor activities to help ensure the safety of the children and adults with disabilities served. Virtual services and in-person social distancing have allowed programs to continue and serve participants safely. Staff have been creative in developing daily lessons that have provided an adaptive way for program participants to interact with staff and their peers. The participants Lifesteps serves continue to grow, learn and develop.

During these challenging times, it is not only the Agency and staff who have adapted, but also program participants.

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Karen Sue Owens, President & CEO

In a year's time, we have seen ongoing challenges, experienced hardships, and felt the loss faced by many community members. Looking to the future and reflecting on that for which we are grateful... for me, it is Lifesteps dedicated staff.

This past year, we have come together, both as an Organization and with partners, donors, volunteers and community members. Through determination, hard work, and flexibility we have continued to focus on our mission and serving those in need.

Lifesteps has the honor of providing those we serve with education, support and care… a blessing that is never taken for granted.

As we enter summer and the sense of renewal that comes with this time of year, Lifesteps continues to implement new strategies — working to improve the quality of life for those in our community now and into the future.

On behalf of everyone at Lifesteps, please accept our gratitude for your continued support.

Karen :)

Adult Day Health Services

Enhanced Support for Seniors

Since 1988, Lifesteps has offered Adult Day Health Services through a medically-monitored, home-like program offering many benefits including delay of long-term care. The program provides cognitive support, Alzheimer's care, and improvement in individual function, as well as companionship and socialization.

Lifesteps Adult Day Health Services in Butler is an affordable option for families, keeping loved ones at home while also providing caregiver respite.

Participants in Adult Day Health Services benefit from the following:

- Maintaining Personal Physician
- An On-site Registered Nurse
- Nutritious Lunch and Snacks
- Extended Hours of Service
- Personal Care Services
- Staff-to-Client Ratio of 1:5

A participant in Lifesteps Adult Day Health Services program stays active by playing a virtual game of bowling.

For more information about Lifesteps Adult Day Health Services, contact Lifesteps at 724-282-1010 or visit www.lifesteps.net.

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Program participants have proven their ability to acclimate to changes and continue to aspire toward their goals. For young children, it's continuing to learn and prepare for Kindergarten. For adults with disabilities, it's developing new skills that support future employment and independence. For families, it's support to help their child or loved one. For seniors, it's returning to community activities feeling safe.

Virtual programs allow participants to enjoy a variety of activities, including physical activities like yoga.

Programming has changed throughout the Agency's nearly 100-year history and this past year. Due to the pandemic, changes may continue to occur moving forward. The Agency remains committed to helping individuals and families with life's changing needs. No matter the challenge, Lifesteps will continue to help create brighter futures for those served.

Mission in Action

Celebrating the Holiday

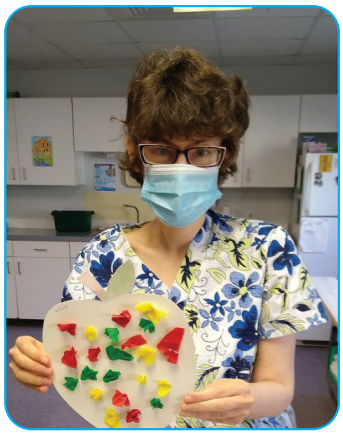
Students enrolled in Lifesteps Transition Program…The Next Step prepared for Easter with the traditional activity of coloring eggs.

The Easter Bunny and a volunteer from the Butler Grange delivered Easter treats for the children at Lifesteps Early Education Center in Butler. The Butler Grange has provided treats for 35 years.

Hat Day!

Children at Lifesteps Early Education Centers enjoy participating in special theme days like "Hat Day."

Adult Day Health Services



Participants in Lifesteps Adult Day Health Services program created unique works of art out of colorful craft supplies. Creative activities help maintain cognition and dexterity.

To enroll in Lifesteps Fall Preschool or Summer Discovery Camp…

Visit: www.lifesteps.net
Call: 724-283-1010

Preschool Enrollment

At Lifesteps Early Education Centers, the safety and well-being of children are top priority.

- Serving Children of Every Ability
- Full & Half-Day Openings
- Licensed Academic Preschool
- PA Pre-K Counts Provider FREE Preschool for Qualifying Families (Income Under $79,500 Qualifies a Family of Four)
- Locations in Beaver, Butler, South Butler & Kittanning

2021 Butler Eagle GOLD AWARD WINNER

★ **Best Child Care**
★ **Best Day Care Center**
★ **Best Preschool**

Summer Discovery Camp

Science Tech Engineering Arts Math

July 12 – August 6

- Ages 3 through Kindergarten
- Half-Day Sessions
- Attend 1 Week or Up to 4 Weeks

Spend the summer learning, growing and developing in a safe, nurturing environment!

Lifesteps offers an engaging, structured, STEAM-focused Summer Discovery Camp for children ages 3 through Kindergarten at its Early Education Centers in Beaver, Butler and Armstrong counties.

Lifesteps
Helping Along Life's Journey

Non Profit
U.S. Postage
PAID
Butler, PA 16001
Permit No.2

Lifesteps Central Office
383 New Castle Road
Butler PA 16001
724-283-1010

Lifesteps Mission

Helping individuals and families with life's changing needs by developing programs and providing services which will improve their quality of life.

Chairman of the Board
Brenda M. Dare, Dare Enterprises, Inc.

President & Chief Executive Officer
Karen Sue Owens

The primary purpose of the Lifesteps Family Caring Fund is to pay expenditures not otherwise reimbursed by federal, state, or county grants, contracts, etc. A copy of the official registration and financial information of Lifesteps, Inc. may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. Lifesteps, Inc. is a 501(c)(3) nonprofit organization – contributions to which are tax deductible to the fullest extent permitted by law.

If you would like your name removed from future mailings, call 800-225-1010, e-mail newsletter@lifesteps.net, or write to Lifesteps, Community Relations, 383 New Castle Road, Butler, PA 16001.

The Giving Goes On

Ways to Support the Lifesteps Mission

Throughout the year, community members help support the children, families and adults with disabilities who Lifesteps serves. Are you or someone you know interested in helping families in need in your community? Here are ways that individuals and businesses can support Lifesteps:

- **Donate:** Make contributions online, by mail, through AmazonSmile, United Way Campaigns, or company donor match programs.
- **Give in Tribute or Memorial:** Honor a loved one, pay tribute to a friend, or designate a donation to Lifesteps in lieu of flowers or gifts.
- **Lead & Involve Others:** Select Lifesteps as the non-profit of your choice for crowd-funded activities such as in honor of your birthday.
- **Sponsor:** Sponsor a special event helping to support the community and/or promote your business community involvement.
- **Volunteer:** Provide helping hands with programs, fundraising and more.
- **Share our Mission:** 'Like' and share Lifesteps posts on social media including Facebook and LinkedIn.

For more information, contact Lifesteps Community Relations Department at 724-283-1010.

Community Calendar

Visit… **www.lifesteps.net or Facebook**
for locations, dates and details

Child Check Screenings
FREE Developmental & Autism Screenings
In-Person or Online Appointments Available

Families Forever
In Butler County
FREE Seminar for Divided Families

Upcoming Special Events

Battle of the Banks
Thursday, June 24, 2021
5 – 7 pm at H. B. Culpeppers

Lifesteps Star Gala
Saturday, September 11, 2021
6:30 – 11 pm at The Atrium

Chip-in for Lifesteps Butler Golf Classic
Wednesday, October 6, 2021
Butler Country Club

To learn more…

about any of the stories and programs highlighted, visit **www.lifesteps.net**

CFC Code #24712

United Way