

# Lifesteps

## Behavioral Services



*Providing tools to help  
shape functional behaviors.*

### **Serving All Ages**

Lifesteps Board Certified Behavior Analysts provide specialized training and supports for individuals, their families, and the teams who care for children and adults with challenging behaviors.

#### **Person-Centered Strategies to Improve:**

- Communication skills
- Social skills
- Coping skills
- Self-help skills



[www.lifesteps.net](http://www.lifesteps.net)

# Person -Centered Strategies

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## Communication Skills

*Lifesteps Behavioral Services team...* works with individuals to help them communicate their hopes, feelings, wants, and needs.

## Social Skills

*Lifesteps Behavioral Services team...* works to develop an individual's verbal and nonverbal skills to communicate, relate and socialize with others.

## Coping Skills

*Lifesteps Behavioral Services team...* helps teach new skills to improve an individual's ability to handle stressors.

## Self-Help Skills

*Lifesteps Behavioral Services team...* empowers each individual to recognize and maximize their unique abilities, and support them in reaching their fullest potential.



***Call Today!***  
**724-283-1010**



**Lifesteps Central Office**  
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Services and referrals of individuals and families shall be made without regard to race, color, religious creed, disability, ancestry, national origin, age, sex, or limited English proficiency, in accordance with applicable law.